

**CATHOLIC CHURCH OF  
SAINT MARTHA'S & SAINT ROSE OF LIMA  
MEN'S ENGLISH EMMAUS RETREAT # 4**

PLEASE KEEP THIS SHEET – SEE BACK FOR ADDITIONAL INFO



*“I rejoiced when I heard them say, ‘let us go to the house of the Lord.’ “*

The Emmaus Communities of St. Martha's & Saint Rose of Lima invite you for a weekend of spiritual exercises and reflection. The Retreat will be held at Chali House. We will provide all meals beginning Friday evening through Sunday afternoon. If you have any special needs or special dietary restrictions, please let us know and we will make all the necessary arrangements. Due to space restrictions we are limited to 25 participants. Apply early to ensure your spot!

**DATE:** February 17<sup>th</sup> – 19<sup>th</sup>, 2012 - Friday, Saturday & Sunday

**TIME:** Retreat begins at 5:00 pm sharp on Friday, the 17<sup>th</sup> and ends by 5:00 pm on Sunday, the 19<sup>th</sup> - See Mass schedule below

**PLACE:** Chali House – We will meet in the parking lot of St. Martha's Parish at 9301 Biscayne Blvd. Miami Shores, FL 33138

**MASS:** Sunday, April 19<sup>th</sup> – Please arrive by 4:30 pm at Saint Rose of Lima Church  
Mass Begins at 5:00pm- 415 NE 105 Street, Miami Shores, FL 33138  
It is the formal conclusion of retreat. Please invite your loved ones.

**You will need the following items for the Retreat:**

- Bath towel, comfortable clothing for 2 days
- Personal effects - deodorant, toothpaste, soap, toothbrush, medicines, etc.
- A pillow, sheets and blanket
- One pair of Navy blue or Black Dress slacks & one pair of Dress shoes for Sunday's mass  
(We will give you the Shirt you will wear)

In case of an emergency during the weekend, you may be reached at the cell phone of **Luis Hernandez** at (786) 229-6200. **You will be asked to leave your cell phones at home during the weekend.** Please keep in mind that a key factor in getting the most out of the Retreat is to detach, however briefly, from our everyday lives.

The retreat will end at about 3:30 p.m. on Sunday. From the Retreat house, we will return to St. Rose of Lima Parish to meet at the church with our families for the 5:00 p.m. Mass to officially conclude the retreat. The retreat participants and their families will have reserved seating in front of the church. All participants should arrive at the church no later than 4:30 p.m., as the 5:00 p.m. Mass can become very crowded.

**If you have any questions or concerns, please feel free to contact us:  
Call Luis Hernandez at (786) 229-6200 or Armando Romero at (305) 336-3224  
E-mail: [LuckyLuis@Comcast.com](mailto:LuckyLuis@Comcast.com) or [Romero@SmartBodyMD.com](mailto:Romero@SmartBodyMD.com)**

### **Q. Exactly what is Emmaus?**

Emmaus is a passive Catholic retreat weekend designed for men who seek to improve their personal relationship with Christ. Although Emmaus is a Lay Ministry, all our activities are approved of by the Parish. The men of Emmaus who will be serving you that weekend are regular, non-clergy, members of our Parish. Their reasons for serving have nothing to do with wanting to appear holy to others or any special theological knowledge, but rather a desire to have other men benefit from how Christ has impacted their varied and imperfect lives. Our experience, and that of many others who have attended the Retreat, is that the Emmaus experience can help make men better husbands, better fathers and better persons. The men of Emmaus serving you that weekend will not try to convince anyone of any particular belief. We simply seek to share our experiences with you and let you draw your own conclusions.

### **Q. How do they go about doing this?**

You will hear a series of talks by other men concerning their own experiences with the Lord. No Retreatant is required to disclose personal information during the weekend. As a retreatant you will not be asked to speak in front of the group but there will be opportunities for you to express yourself if you choose to. Feel free to talk to any of the men serving during the weekend about anything you would like to discuss.

### **Q. How long does this weekend last?**

The Retreat begins Friday at 5:00 pm and concludes Sunday at about 4:00 pm. We then meet later that Sunday for the 5:00 pm Mass.

### **Q. How do I dress for the weekend?**

Casual and comfortable; shorts, sandals, or anything you like. Please remember to bring a sweater as you may get cold. Also, please bring a pair slacks to attend the Sunday mass.

### **Q. What should I bring?**

- Bath towel, comfortable clothing for 2 days
- Personal effects (deodorant, toothpaste, soap, toothbrush, medicines, etc.)
- A pillow, sheets and blanket
- A pair of Dark Slacks and dress shoes for Sunday's Mass

### **Q. How about food?**

All food will be provided – as well as any special dietary requirements, just let us know on the application form or when you arrive for the weekend.

### **Q. How much does Emmaus cost?**

We request \$125 donation (**CHECK PAYABLE TO ST MARTHA'S CATHOLIC CHURCH**) from each Retreatant to help cover the costs of putting on the Retreat. However, many men who have not been in a position to pay the donation have attended the Retreat. It is our most fervent hope that no one should fail to attend the Retreat due to financial reasons. If this is the case please speak to the person who invited you to attend the retreat.

**CATHOLIC CHURCH OF  
SAINT MARTHA'S & SAINT ROSE OF LIMA  
MEN'S EMMAUS ENGLISH RETREAT # 4 REGISTRATION FORM**

(WRITE CLEARLY, COMPLETE ALL BLANKS, ATTACH CHECK, AND RETURN AS INDICATED BELOW)

**DATE RETREAT BEGINS – FEBRUARY 17<sup>th</sup>, 2012**

NAME &/OR NICKNAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONES: (H) \_\_\_\_\_ (W) \_\_\_\_\_ (Cell) \_\_\_\_\_

EMAIL: \_\_\_\_\_ OCCUPATION: \_\_\_\_\_

MARITAL STATUS: MARRIED  SINGLE  DIVORCED  ANNULED  WIDOWED

CHURCH AT WHICH REGISTERED (or which you attend): \_\_\_\_\_

DATE OF BIRTH (mm/dd/yyyy): \_\_\_\_\_

WHICH SACRAMENTS HAVE YOU RECEIVED IN THE CATHOLIC CHURCH:

BAPTISM  COMMUNION  CONFIRMATION  MATRIMONY  NONE

EMERGENCY CONTACT(S): \_\_\_\_\_

PHONE(S): \_\_\_\_\_

SPOUSE NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

HEALTH STATUS: \_\_\_\_\_ EXPLAIN: \_\_\_\_\_

LIST ANY DISABILITIES OR HEALTH PROBLEMS THAT MIGHT REQUIRE SPECIAL  
ARRANGEMENTS AND/OR DIET: \_\_\_\_\_

DO YOU SNORE: YES  NO

SHIRT SIZE: Medium  Large  X-Large  XX-Large

THE RETREAT IS FOR MEN AT LEAST 21 YEARS OLD. THE SUGGESTED DONATION IS \$125.00 TO COVER YOUR COSTS FOR THE ENTIRE WEEKEND-PLEASE MAKE THE TAX DEDUCTIBLE CHECK PAYABLE TO ST MARTHA'S CATHOLIC CHURCH.

\*\*\*PUT MENS EMMAUS RETREAT IN THE MEMO AREA\*\*\*

YOU MAY RETURN THIS APPLICATION TO THE PERSON THAT INVITED YOU OR MAIL IT TO THE ADDRESS NOTED BELOW. IN ADDITION, YOU CAN ALSO CONTACT THE

RETREAT LEADER- LUIS HERNANDEZ 786-229-6200

LOGISTICS LEADER- ARMANDO ROMERO 305-336-3224

ASST LOGISTICS- ENRIQUE DE LA PEZUELA 786-395-3779

INVITED BY: \_\_\_\_\_

PHONES: (H) \_\_\_\_\_ (W) \_\_\_\_\_ (Cell) \_\_\_\_\_

MAIL THIS REGISTRATION & CHECK TO:

Luis Hernandez  
C/O Emmaus Retreat  
853 NE 96<sup>th</sup> Street  
Miami Shores, FL 33138

CHECK # \_\_\_\_\_ PROVIDED: YES / NO